# Urabandai

# The closest powder snow destination to Tokyo

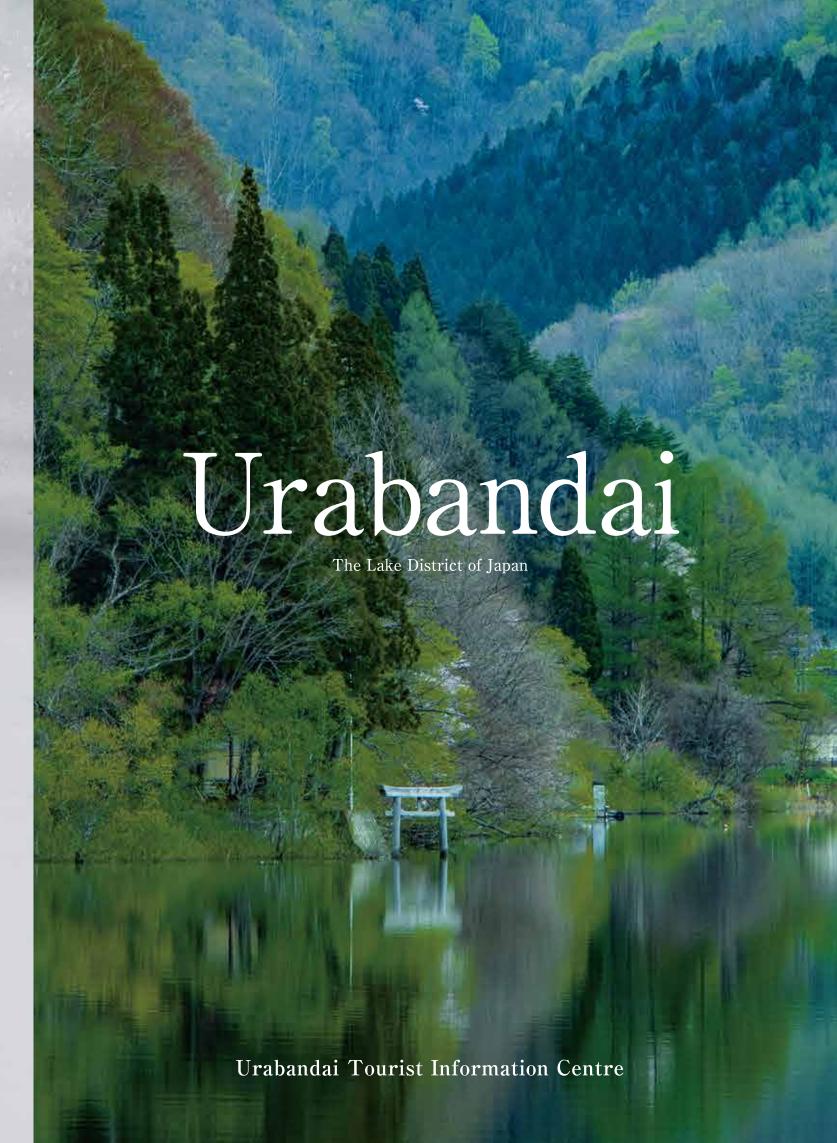
Urabandai is located in Fukushima Prefecture in the Tohoku Region (nothern part of mainland Honshu), approximately 260 km north of Tokyo. It belongs to Bandai-Asahi National Park, which is an all-season resort area. It also boasts Mt Bandai, one of the most famous volcanoes in Japan. The area north of Mt Bandai is called Urabandai



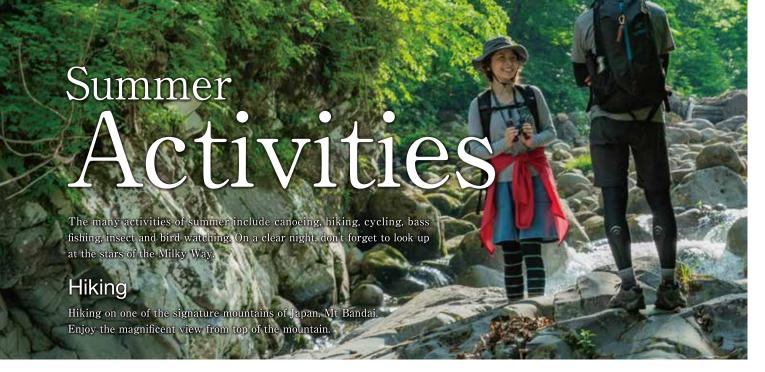
Urabandai Tourist Information Centre

1093 Kengamine, Hibara, Kitashiobara-Mura, Fukushima Pref. 969-2701, Urabandai Combined Government Building **www.urabandai-inf.com/en** 





# Summer Urabandai, at 800m above sea level, experiences an average summer temperature of around 20°C. It's a great place to escape the city heat. Goshikinuma Ponds Goshikinuma Ponds (Bentennuma Pond) (Bishamonnuma Pond) Bentennuma Pond is the second largest of the eight Goshikinuma Ponds. Different kinds of colours can be seen in different seasons, making it an interesting place to visit at any time of year. A scenic highlight of Urabandai is the Goshikinuma Ponds (Bishamonnuma Pond). Eight differently coloured, unique ponds can be accessed along a 3.6 km hiking path. Autumn Nakatsugawa Valley Autumn is famous for its changing leaves. In Urabandai in October, the leaves of the forest change from green to yellow A famous photo spot for the changing of the leaves in and red, and it's especially beautiful when reflected on the is Nakatsugawa Valley. It can be reached in just a 15 p walk from the car park. You'll also enjoy the sou lakes and ponds. This change, known as kouyou in Japanes such as the running stream and the birds chirping only lasts for a short time.





## Junsai picking

Junsai picking. Watershield (Brasenia), or junsai in Japanese, is an aquatic plant that lives only in clean water. The young shoots are usually picked from a small, one-person boat, and then eaten.



#### SUP

If you'd like to try stand up paddleboarding(SUP), lakes are the best place for beginners to do it as the water is naturally calmer than seas or rivers.



# Camping and barbecue

There are many campgrounds in Urabandai, many of which are located by lakes in which rowing, fishing and barbecuing are enjoyed by visitors.



#### Shower walk

Shower walk. Enjoy a walk in the river. You can dive in, splash around and play, and come out feeling refreshed.





# Autumn

Urabandai is a popular Tohoku location for enjoying the changing of the leaves in autumn.

Ride the gondola on a sunny autumn day for a stunning view of the golden colours of the mountain.



To visit Dekodaira Marsh, ride the gondola to the mountain's top station at 1390 m above sea level, and go on a 20 minute walk to reach the marsh.





# Winter rain turns to snow, and a long white winter starts. Snow builds up on the ground and the lakes freeze over Mt Bandai Even today you can see Lake Hibara the steam coming out from the collapsed cliff of Mt Lake Hibara, the largest lake in Urabandai. Bandai which erupted in As a result of the eruption of Mt Bandai, many beautiful islands on the lake were created. The circumference of the lake is about 31 km. Usually the lake is covered in thick ice in late January. Spring Sakuratoge Pass When the long and cold winter has ended, a new year starts not only for humans, but also for the plants and wildlife which Spring comes late in Urabandai. On the Sakuratoge Pass, as many as 3000 Oyamazakura cherry blossoms bloom around the Golden Week holidays (late April to early May). await the warm seasons. New growth starts to sprout



Winter activities in Urabandai are not limited to skiing or snowboarding. The colourful tents you can see on the lakes are for people who enjoy ice fishing. Snowshoeing in the forests is another popular activity. Winter in Urabandai is much livelier than you' d imagine!

### Smelt fish

When the lake is covered in ice, you can enjoy ice fishing in a hut on the lake. The small fish called wakasagi (smelt fish) is very tasty when eaten deep-fried (tempura).





#### Blue Falls

The scene of the dynamic 25 metre waterfall within the blue coloured ice. The ice sheets surrounding Onogawafudotaki Falls are known as the "Blue Falls".



#### Goshikinuma Ponds

The Goshikinuma Ponds in the snow are mysterious. The contrast of the white snow against each pond is marvellous.



#### Yellow Falls

This large, frozen, yellow ice waterfall is found in the explosion crater of Mount Bandai and is only visible in winter.



## Snowshoeing

Observe the ponds which appear in this white world whilst snowshoeing. You can snowshoe into the forest or walk on the lake.

# Hot Spring

You can enjoy onsen bathing in many hotels and traditional inns (ryokan) in Urabandai. Especially so in winter, when you can take in the snowy view while you bathe.



Active Resorts Urabandai Hotel



Urabandai Lake Resort Hotel



Kyukamura Urabandai Hotel



Urabandai Grandeco Tokyu Hotel

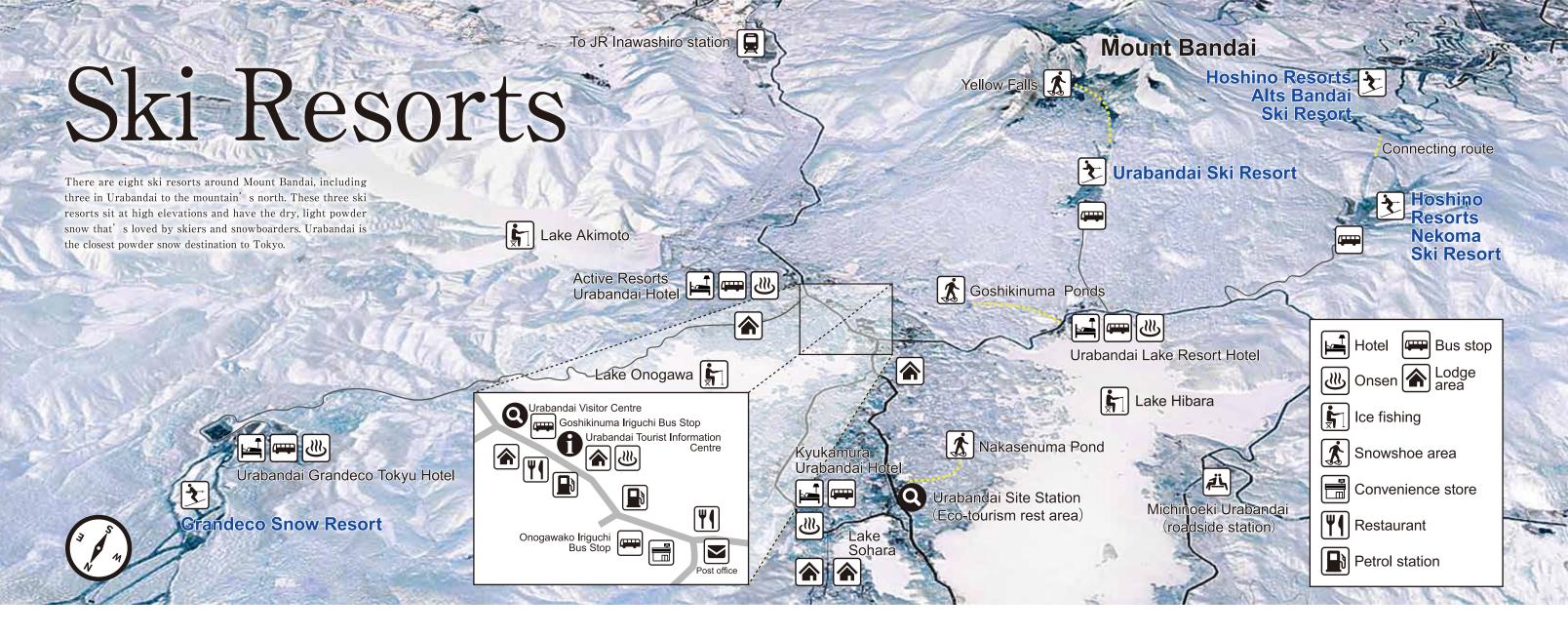


Hot Spring Kobo



La Vie Spa Urabandai







### **Grandeco Snow Resort**

One Gondola and four quad lifts. 13 courses. 20% Advanced, 40% Intermediate, 40% Beginner

Ski season Early Dec. - Late April





## Urabandai Ski Resort

Three chair lifts. 3 courses. 20% Advanced, 30% Intermediate, 50% Beginner Ski season Late Dec. - Late March

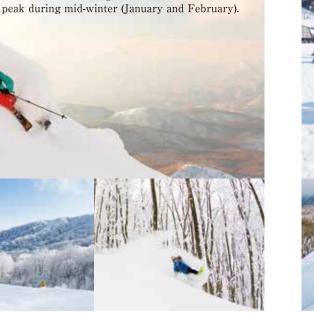


There is a connecting route to Alts Bandai on the

# Hoshino Resorts Nekoma Ski Resort

Five chair lifts. 11 courses.

40% Advanced, 30% Intermediate, 30% Beginner Ski season Early Dec. - Early May



information

# Hoshino Resorts Alts Bandai Ski Resort

One gondola and 7 chair lifts. 25 courses.

25% Advanced, 40% Intermediate, 35% Beginner Ski season: Late Dec. - Late March



